



Tidal Wave Swim Team Season begins September 12, 2011.

We cannot guarantee a space on the team if you are not registered by Sept. 1st.

NEW AND RETURNING SWIMMERS:

Team Tryouts for new swimmers will be held by appointment ONLY.

Call for an appointment for date and time at (908) 687-2697 ext. 109 or email yshoykhet@bgcuc.org.

*Parents Orientation meeting for swimmers is TBA.

REGISTRATION:

Please make payments in front desk and bring the receipt to the aquatics office. Paid in full, credit card or pre-dated checks will be accepted ONLY.

We cannot guarantee a space on the team if you are not registered by Sept. 1st.

Please read and print out the Swim Team application on our website at www.bgcucaquatics.org. You cannot register without this information.

PARENT'S PARTICIPATION REQUIREMENTS:

Parents must volunteer for:

- Two dual meets (2 ½ hours per meet/child). Failure to complete this obligation will result in a **\$100 fine per meet.**
 - To be a timer for every USA Swimming meet as needed.
 - Boys & Girls Club Invitational -2-day meet (5 hours per child per day)
- *\$100 fine per meet per child if obligation not met.**

FUNDRAISERS: Swim-a-thon (minimum \$50/swimmer); Sponsor for B & G Invitational (minimum \$40/Family).

Fund raiser purpose: To keep our operation cost low and to maintain our equipment in good condition.

TEAM FEES:

TYM Beg (Sep-Jun)	\$850.00
TYM ADV (Sep-Jun)	\$1000.00
JR (Sep-Aug)	\$1450.00
Sr (Sep-Aug)	\$1600.00



B & G Club membership Fees per year

Fees are good for 1 year, non-refundable & non-transferable

*Youth (ages 12& Under) \$85

*Teen (ages 13& up) \$25

GROUP PRACTICE SCHEDULE:

Take Your Mark Beg	Monday, Wednesday & Friday 5:15-6:30 p.m.
Take Your Mark Adv	Monday, Tuesday & Thursday 5:15-6:30 p.m. Saturday 9:00AM-10:30AM
Junior & Senior	Monday - Friday 5:30-8:30 p.m. Saturday 8:30AM-10:30AM

*Group placement is decided by coach.

BOYS & GIRLS CLUB OF UNION

TIDAL WAVE SWIM TEAM POLICIES

In order to improve the training process during 2011 – 12 season, all swimmers will be divided into four groups according to their performance. The purpose of such division is to personalize the training process for each swimmer according to his/her cardiovascular abilities.

PRACTICES:

1. Senior swimmers must attend a minimum of 6 (six) practices per week. Junior group are expected to attend a minimum of 5 (five) practices per week, Take Your Mark ADV -4(four) and Take Your Mark BEG -3(three).
2. If the swimmer is unable to attend practice due to illness the parents should call the Aquatics office prior to practice at (908) 687-2697 ext. 109 or email Yefim at yshoykhet@bgcuc.org. In case of inclement weather, please call to find out if practice is canceled at (908) 687-2697.
3. Swimmers are expected to be on deck in with the proper equipment and gear five minutes before posted time.
4. All athletes should plan to stay entire practice. The last part of the practice is very important. Do not leave pool area at any time without coach's permission.
5. Be quiet and still while coaches are instructing your practice group. If swimmer is not following coaches directions he/she will get warning. Be courteous to all coaches and teammates.



- 6 All swimmers are to conduct themselves in a sportsmanship-like manner at all times.
7. There are no bathroom breaks allowed during practice.
8. No obscene language in the Boys & Girls Club of Union.
9. Parents are allowed to observe practice on the bleachers, please DO NOT use your cell phone during practice or talk loud with other parents.
10. Parents are not allowed to talk to the coaches during practice. This time is needed for the Swimmers. Please call, email any questions or talk with coaches before or after practice.
11. If child feels sick during practice parents will be called to pick up.

MEETS:

1. Swimmers are expected to attend ALL Dual, Invitational, and USAS meets, both home and away.
2. Swimmers are expected to notify the coach if they cannot attend a meet due to illness or emergency.
3. Swimmers must wear Tidal Wave Swim Team uniform only during meet, (bathing cap, bathing suit, sweat suit) NOT during practice!
4. Swimmers are expected to be on deck in bathing suit, cap and goggles 15 minutes before the posted warm-up time. Positive check-in with coach is required prior to warm-up. Warm-up schedules are posted on the bulletin board.
5. During the meet, all swimmers are to remain with the team unless given permission to leave by the coach. When you are not swimming, you should be cheering your team members to victory.
6. Swimmer eligibility and relay placement/participation will be decided by the coach. Any concerns regarding this should be directed to coach.
7. Child must be supervised by parent or guardian from the child's family at all meets or child will not be able to swim during the meet.



Dual meets:

- A. All swimmers are automatically eligible to participate in Dual meets. (Placement in events are at the coaches' discretion.)
- B. Individual Meet Entries Report will be posted 2 weeks before the meet. Heat and Lane numbers will be posted on 15 minutes before meet starts.

USAS meets:

- A. A swimmer has to meet a time standard to be eligible for USAS meets. Check Eligibility Report to see if you qualify.
- B. Placement in events are at the coaches' discretion.
- C. If you cannot attend a meet, it is your responsibility to let the head coach know at the beginning of the season. Meets are posted on Website on September, please plan accordingly. If the swimmer is entered and notifies that cannot attend the entries for this meet will still be charged regardless. Please note that we must send out entry report at least 30 days prior to the meet.
- D. You must check-in with coach prior to warm-up. Any swimmer that fails to contact the coach before check-in sheets are due will be scratched. If you are scratched, you will not be able to swim. If for any reason you are running late and feel that you may arrive after the check-in please call a member of the coaching staff attending the meet. Cell phone numbers will be posted on the bulletin board for this purpose.

REQUIREMENTS OF PARENTS PARTICIPATION:

Parents must volunteer for:

1. TWO DUAL MEETS* (2 1/2 hours per meet per child),
***\$100 fine per meet per child if obligation not met.**
2. To be a timer for every USAS meet as needed,
3. Boys and Girls club invitational (5 hours per child per day)
***\$100 fine per meet per child if obligation not met.**
4. Fundraisers:
 - A. Swim-A-Thon (minimum \$50/swimmer);
 - B. Sponsor B & G club Invitational (minimum \$40/Family)
 - C. Bake sales(Will be schedule at the beginning of the season)



TIDAL WAVE SWIM TEAM AGREEMENT

Parents:

By signing this, I agree to the TIDAL WAVE SWIM TEAM policies and will do my part in encouraging my child to do his/her best.

I will fulfill my obligations to volunteer for the following:

1. TWO DUAL MEETS* (2 1/2 hours per meet per child),
2. To be a timer for every USAS meet as needed,
3. Boys and Girls club invitational (5 hours per child per day)

4. Fundraisers:
 - A. Swim-A-Thon (minimum \$50);
 - B. Sponsor B & G club Invitational (minimum \$40/Family)
 - C. Bake sales (Will be schedule at the beginning of the season)

I understand that failure to fulfill my obligations will result in a **\$100 fine** per meet per child.

I also understand that if I sign up my child for a USAS meet and my child does not attend, the entries fee will be charged to my escrow account.

My child has agreed to attend practices and meets as per stated in policies.

If you feel these policies match those of your swimmer and your expectations then we encourage you to join the Tidal Wave Swim Team. If not, then we have other aquatic programs available to you. Please see the Aquatics Director for more information.

My child and I have read, understand and agree with these policies.

Violating these requirements could result in dismissal from the program.

Please sign and return with your payment and registration forms.

Parent or Guardian's signature

Date